NYU Sydney Spring 2018
Pre-Departure Orientation

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NYU Sydney Study Away Advisor
This online guide is designed for students who could not attend the in-person session. Please read through it carefully and then complete the Mandatory Quiz linked at the end of the presentation.

You MUST complete the quiz to fulfill the orientation requirement and participate in the program by December 4th.
This presentation will focus on specific information that you need to know, specific tasks that only you can complete, and identify the NYU resources that will be available to you while you’re in Sydney.

Let’s begin!
Who is NYU Sydney?

- Mal Semple, Director
- Megan Carrigy, Associate Director, Academic Programs
- Marcus Neeld, Assistant Director, Student Services
- Lauren Stahl, Global Wellness Counselor
- Sarah Naderi, Operations Manager
- Yuri Ogura, Academic Programs Coordinator
- Mark Eels, Operations & Communications Co.
- Alexander Kerti, Program Assistant
- Laura Hibbert, Student Life Asst.
- Eyup Erdemli, Security Guard
- Alex Kerti, Custodian
- Margaret Kerti, Custodian
Introducing NYU Sydney’s Academic Centre

Constructed in 1930s as a cooperative venture between the three leading scientific organisations in Sydney

Protected heritage (landmark) building

NYU operates Ground floor thru Level 3 (two lifts on every level)

Most of your lectures are in this building

Located in The Rocks, an historic area and tourist precinct in Sydney’s city centre

5-min walk to Sydney Harbour, Opera House, Botanic Gardens, Darling Harbour, Observatory and Downtown (CBD)
Science House
Corner of Gloucester and Essex Streets,
The Rocks, Sydney
Do I need a visa?

➢ Yes!
➢ Our partner office, **The Office of Global Services**, is responsible for all visa related advising
➢ **Individual circumstances pertaining to the granting of visas can vary**

Contact information:
• OGS Representative Rebecca Lukowski; rebecca.lukowski@nyu.edu
• Email ogs.outbound@nyu.edu
• Call +1-212-998-4242 (Monday-Friday, 9am-5pm Eastern Time)
• Walk-in-Advising Hours at 383 Lafayette Street are:
  – Monday, Tuesday, and Friday from 10:00am – 4:00pm
  – Wednesday and Thursday from 11:00am – 5:00pm
Arrival and Check-in

It is mandatory to arrive the morning (ideally between 7am-11am) of **January 23rd** and participate in all Orientation activities.

You must book your own flight to Sydney and will be required to submit arrival details to NYU Traveler.

**Travel with a hard copy of your Arrival Cheat Sheet!**

*At the Sydney Airport (SYD) a.k.a. Kingsford Smith*
- Approx. 5 miles from city centre
- Taxi costs ~AUD45 (~USD34) to Urbanest/City Centre, *but may be more in rush-hour traffic*
- Find students traveling to Sydney with you through the closed Facebook group and plan to share fare
- Train from airport cost AUD17 (~USD13) and stops within a short walk to Urbanest
- Travel and arrival cheat sheet sent to students before departure
- Director and Student Life staff will greet you at Urbanest
What are the program dates?

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>January 23</td>
<td>Student Arrival</td>
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<td>January 24-27</td>
<td>Mandatory Orientation</td>
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<td>January 29</td>
<td>Classes Begin</td>
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<td>March 12-18</td>
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<td>May 18</td>
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This is the basic outline of your semester. Do not make ANY travel plan before orientation, finalizing your classes, and reviewing syllabi! MAKE UP DAYS ARE USUALLY FRIDAYS!
What should I pack?

**Suggested Items**

- Any medication you need and copies of the prescription name written in the generic term. **Australian pharmacies will not refill prescriptions written overseas.**
- Bookbag for weekend trips and groceries
- Adapters
- Battery-operated travel alarm clock
- Comfortable shoes
- Layers! For travel and changing seasons.
- Toiletries you love – some brands may not be available abroad and some things (e.g. makeup) can be expensive

**Leave at Home**

- Bedding, linens, towels
- Kitchen utensils
- American appliances (e.g. hairdryer)

**Contact your airline to find out luggage restrictions – they change frequently.**
What will I study?

- Must register for 12-18 credits
- Add/Drop during first 2 weeks
- Unexcused absences will impact your grade
- Typically all course materials are available on-site. You can access e-books, journals and articles through NYU Libraries. You may need to order some books ahead of time (we will let you know via the blog).

Courses in: Anthropology; Biology; Business; Chemistry; Child & Adolescent Mental Health (CAMS); Core Curriculum (Film); Computer Science and Engineering (online); Creative Writing; English; Environmental Studies; Gallatin; Global Public Health (GPH); History; Internship Seminar; Journalism; Media & Communications; Physics, Psychology; Social & Cultural Analysis, Technology Management and Innovation (online) Tisch TV Comedy Writing and Production.
Where will I live?

Urbanest @ Quay Street (pronounced ‘key’)

- Study Away Confirmation Portal Available (Housing Application)
  - Due November 17th

- Located in Haymarket (Sydney’s Chinatown)
- International student accommodation
- ~300 students from programs around the world
- Plenty of local bargain shopping and restaurants
- 35-min walk to Science House or take train
- 10-min walk to University of Sydney
- 5-min walk to University of Technology-Sydney (UTS)
- Building managed by Urbanest team
- Access card required to enter building
- Overnight guests and visitors permitted
  - Schedule visits around Spring Break and holidays
  - Class absences will not be excused because of visiting friends or family members
  - Wait until you receive course syllabus to schedule visits
Inside Housing

➢ Suites of 6 NYU Sydney students
➢ Each student has single bedroom with own bathroom (*shower/no bath*)
➢ Included for each student: 1 pillow, 1 pillowcase, 1 mattress cover, 1 bed sheet (*no top sheet*), 1 comforter, 1 body towel and 1 hand towel
➢ 50GB wireless internet per month (*unlimited at Science House*)
➢ Shared common area and kitchen (*pots, pans, plates, and utensils included*)
➢ Air conditioning/heating
➢ Laundry facilities
➢ TV lounge and game room
➢ Overnight guests and visitors permitted
  ○ Wait until you receive course syllabus to schedule visits

NEW YORK UNIVERSITY
Will I feel safe?

Science House and Urbanest are secure-entry with swipe card access. Science House also has a security guard during business hours.

➢ There will always be a Sydney staff member on duty 24/7

➢ Emergency phone numbers are provided during Orientation.

➢ Upon arrival at Urbanest, all students must complete a mandatory safety induction, which includes fire safety and emergency response protocol.

➢ Urbanest has staff available to assist students 24 hours a day. The front desk is staffed M-F: 10a-7p Sa: 10a-6p Su: 10a-6p (subject to change)

➢ Help us keep you safe by following staff recommendations
  ✓ Don’t invite strangers into your housing
  ✓ Your guests should always be in your company
  ✓ Always lock your doors
  ✓ Know your surroundings – Be aware
What about my health and medical needs?

- All students are enrolled in GeoBlue International Health Insurance:
- Typically no out-of-pocket payment for students to see a doctor or counselor within the network
- English-speaking health professionals posted on the GeoBlue website and available to students
- REMEMBER to register with GeoBlue when you receive the email from them
- DO NOT cancel your domestic health insurance while you are abroad!
- All students should consult with NYU Sydney Student Life or Wellness staff if they need help making a doctor’s appointment - Bridgeside Medical Centre next door to Science House.
- NYU Health Center’s Wellness Exchange is available 24/7 on a local number: 1 800 047 973

*Fill all necessary and ongoing prescriptions before you leave* – Australian pharmacies will not fill them.
Register with Moses

Students with special needs, academic or otherwise, must contact the Moses Center prior to departure; resources and services may differ abroad
How can I be strategic with my money?

**Accessing Money**
- ✓ Use ATMs, debit cards, credit cards
  *(NOTE: you will need a PIN in place of signature)*
- ✓ Contact your bank about ATM fees abroad and to let them know you’ll be traveling – don’t lose your card in the ATM!
- ✓ HSBC and Citibank have branches in Sydney and account holders will not be charged for ATM use. Westpac has a relationship with Bank of America, no ATM fees.
- ✓ NOTE: Although no ATM fees, there is still usually a 3% international transaction fee.
- ✓ If you are interested in opening a local bank account in Sydney, consider CommBank (more info on the money module).

**Saving Money**
- ✓ Create a budget and stick to it. Study abroad students typically spend $4-6,000 after required expenses (tuition & fees, airfare, visa).
- ✓ Ask for student discounts.
- ✓ Buy groceries. Cook for yourself & together to stretch deals at the market.
- ✓ Plan independent travel in advance, but only after Orientation to avoid academic and student life conflicts.
- ✓ Limit the amount you go out.
How will I get around the city?

NYU Sydney Academic Centre is easily reached by walking or public transport

Walking
~35 min. walk between Science House and Urbanest. Bring comfortable shoes and save some money!

Train
Approximately AUD$3.60 between Science House and Urbanest (train stations within a block or two of each location)

Bus
✓ Buses cost around AUD$2.10 between Urbanest and Science House (each way). Bus transit will require additional walking
✓ Trips typically take 20 minutes
Staying in Touch

**Set-up a video chat account** (and one for your family)
Skype, WhatsApp, FaceTime and Google Voice/Hangout are most common

**Mobile Phones**
If your mobile is a quad band or GSM phone, it will work in Australia. Contact your provider to unlock your phone for use abroad. You should purchase a SIM card upon arrival to avoid roaming charges.

If you do not have a quad band phone, during Orientation you will have opportunity to purchase an inexpensive, local phone, which uses pre-paid services

**Create a realistic communication plan**
Are you going to talk daily, weekly, or say see you next semester?
How do I get involved?

**Student Life & Fitness**
Meeting locals and making new friends is an important aspect of your study abroad experience. To help you, NYU Sydney has negotiated special rates for students interested in joining local gyms and fitness centers, as well as the clubs and organizations of two of the city’s major universities.

These include:
- Sydney University – Clubs and Societies
- University of Technology Sydney (UTS) – Clubs and Fitness Center
- Jett’s Gym
- King George V Recreation Center

Other opportunities exist with:
- Local running and fitness clubs
- Sydney Dance Company
- Mandelbaum House at Sydney University
- Bushwalking/hiking groups
- Urbanest exercise room
Shared Cohort Experience

“The staff at NYU Sydney is committed to fostering a strong sense of community through shared experiences and close personal connections.”

–Marcus Neeld

How do we do this?
Global Orientations: Sydney

Students are expected to attend all orientation week activities

➢ Student Life, Academics and Wellness sessions
➢ Harbour cruise and walking tours
➢ Milson Island retreat
➢ Students are expected to attend ALL orientation sessions, including the retreat

Sydney staff will cover topics pertinent to everyday life in Sydney, including health, safety, and academics. There will be additional cohort activities throughout the semester – leave Fridays open until you receive your full semester calendar!
Academic & Extracurricular Field-trips

Learning beyond the classroom is integral to maximising your experience at NYU Sydney.

Example field trips during past semesters:

**Course-Related**
- Art Gallery of New South Wales
- Sydney Opera House & Belvoir Theatre
- Ku-ring-gai Chase National Park Rock Art
- Wolli Creek
- Live audience for political show Q&A

**Co-curricular**
- Orientation retreat at Milson Island
- Featherdale Wildlife Park
- Hiking overnight trip at the World Heritage-listed Blue Mountains & Jenolan Caves
- Local sporting events
- Surfing lesson
- Residence Hall programming
- Volunteer opportunities
Beyond the Classroom Experiences

Internship, research, and volunteer opportunities available but not limited to:

- Government agency
- Parliament
- Media/news network
- Talent agency
- Non-profit sector
- Marketing and branding agency
- Children’s literacy
- Chemistry lab

Application Deadline: November 17, 2017 @ 5pm EST
Questions? E-mail nyu.sydney.btc@nyu.edu
How do I plan my travel?

➢ Choose times when you’re sure you don’t have academic obligations
➢ Consult the global attendance policy; ask questions if you have them!
➢ Ask faculty, staff, and previous students for suggestions
➢ Register any scheduled trips in NYU Traveler
➢ Don’t forget to see plenty of Sydney!
What is Sydney like?

➢ Largest city in Australia – 4.5 million pop.
➢ Multicultural city with large immigrant population (UK, China, New Zealand, Vietnam, Lebanon, India)
➢ World-class museums, theatres, and opera
➢ Unique access to Indigenous Australian art and culture—the planet’s longest, continuous civilisation
➢ Beach culture – check out Bondi and Manly beaches, and smaller local favourites, too!
➢ A hub for film and television production
➢ Maritime temperate climate
Sydney: City of Villages

**Glebe (Inner West):** Glebe has a colorful and eclectic history, as well as a long main drag, Glebe Point Road, which stretches from Parramatta Road all the way to the harbour at Bicentennial Park. The street is known for its culturally diverse cuisine; Glebe Markets held every Saturday at the local primary school; and Gleebooks, which hosts a busy schedule of book launches and talks featuring significant Australian writers and public intellectuals.

- Megan

**Cronulla (Sutherland Shire):** One of Sydney's famous beachside and more densely populated communities, Cronulla is located in the Sutherland Shire (or "the Shire"). My family has called this area—home to the Cronulla Sharks rugby league team—for over 30 years. It has changed a lot, with surfboards switched for lattes, and skinny jeans replacing board shorts. Cronulla continues to be a great place to visit, and a sunrise as you walk along the Esplanade (with your latte) is hard to beat.

- Marcus
Sydney: City of Villages continued

**Pymble (North Shore):** Pymble is a very green, residential suburb with many eucalyptus, maple and jacaranda trees lining the streets. It is known for its birds and wildlife, and Rainbow Lorikeets are particularly prevalent. I remember growing up, hearing the distinct chirp of the lorikeet, and rushing outside to feed them on our balcony—they love grapes and apples, anything sweet! They can become very tame and learn to sit on your balcony or porch after feeding. - *Sarah*

**Guildford (Western Suburbs):** Guildford is one of Australia’s largest Arabic speaking communities, in part because of a large migration following the civil war in Lebanon. Guildford has a variety of schools, parks & sports grounds, pools, shops, a train station, several churches and mosques, and is also home to the first KFC in Australia. Sydney’s oldest, and perhaps most visible, above-ground water supply pipeline skirts most of the southern boundary of Guildford. - *Yuri*
What is the food like?

➢ With many diverse cultures come many cuisines. It will be easy to find European, Asian, and Middle-Eastern influences all around the city. Be sure to travel to different suburbs to find the most authentic and immersive experience!

➢ Aussies love their meat, but vegetarians and vegans do well. Maritime environment provides an abundance of seafood, including affordable on-the-go sushi stands! And you have to visit the world-famous Glebe Fish Market to believe it. It’s the largest in the southern hemisphere!

➢ Some local options you may not have tried yet

✓ Meat pies
✓ Kangaroo
✓ Vegemite
✓ Crocodile
✓ Pavlova (meringue-based dessert)
✓ Lamington (sponge cake in chocolate sauce & dusted coconut)
Talking Like an Aussie ("ss" = "zz")

G’day – Hello, have a good day
Arvo – Afternoon
How’re you going – How are you
Good on ya – Good job
Mate – Friend, acquaintance
Bloke – A man
Lift – Elevator
Tomato sauce – Ketchup
Fair dinkum – Genuine
Half yer luck – Congratulations
Ta – Thanks
Coriander – Cilantro

Capsicum – Red pepper
Fortnight – Two weeks
Sunnies – Sunglasses
Takeaway – Takeout, food-to-go
Footpath – Sidewalk
Yack – Chat, gossip
Flat White – standard coffee
EFTPOS – paying with card
Chewy – Chewing Gum
Dog’s Eye – Meat Pie
Chemist – Pharmacy
Zed – “Z”
The site staff in Sydney work closely with our colleagues in New York to provide the best possible student support, resources and opportunities for engagement. Remember that you’re not alone in your preparations, cultural adjustment, and return to your home campus. You have lots of resources, and these are just some of the teams across campus that you can continue to work with.
Your Community in Sydney: How should you support each other?

➢ Support your peers when they’re in need

➢ Develop relationships with people different than yourself

➢ Take responsibility to educate yourself and do your OWN research

➢ Expand your knowledge and awareness of both domestic and global social issues

➢ Learn what it means to have privilege based on your social identities and social location

➢ Be sincere in your efforts and operate with integrity; recognize your impact, not just your intentions; lean into discomfort

➢ Educate others, including speaking out against oppressive language and behavior

➢ Get involved in NYU Sydney events and programs!
Final Checklist

1. Complete the Mandatory Pre-departure Quiz by December 4th

2. Register for classes

3. Read NYU Sydney Spring 2018 Pre-Departure Guide

4. Submit Study Away Confirmation Portal (Housing Application) by November 17th

5. Arrive in Sydney on January 23rd!